

Matins and Spiritual Communion

Pentecost X

Proper 14A2

Opening Sentence

Grace to you and peace from God our Father and from the Lord Jesus Christ.

Philippians 1:2

Confession of Sin

The Minister says

Dearly beloved, we have come together in the presence of Almighty God our heavenly Father, to set forth his praise, to hear his holy Word, and to ask, for ourselves and on behalf of others, those things that are necessary for our life and our salvation. And so that we may prepare ourselves in heart and mind to worship him, let us kneel in silence, and with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

Silence.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Priest, stands and says

Almighty God have mercy on you, forgive ✠ you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Invitatory and Psalter

Ÿ O Lord, open ☩ our lips.

℞ And our mouth shall proclaim your praise.

All

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

Alleluia.

Venite

Psalm 95:1-7

Antiphon

The earth is the Lord's for he made it:
Come let us adore him.

O come, let us sing unto the Lord;
let us shout for joy to the Rock of our salvation.
Let us come before his presence with thanksgiving
and raise a loud shout to him with psalms.

Antiphon

The earth is the Lord's for he made it:
Come let us adore him.

For the Lord is a great God,
and a great King above all gods.
In his hand are the caverns of the earth,
and the heights of the hills are his also.
The sea is his, for he made it,
and his hands have molded the dry land.

Antiphon

The earth is the Lord's for he made it:
Come let us adore him.

Come, let us bow down, and bend the knee,
and kneel before the Lord our Maker.
For he is our God,
and we are the people of his pasture
and the sheep of his hand.
Oh, that today you would hearken to his voice!

Antiphon

The earth is the Lord's for he made it:
Come let us adore him.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

Antiphon

The earth is the Lord's for he made it:
Come let us adore him.

Psalter

Psalm 105 *Confitemini Domino*

BCP:: 738

- 1 Give thanks to the Lord and call upon his Náme; *
make known his deeds among the péoples.
- 2 Sing to him, sing praises to hím, *
and speak of all his | marvelóus works.
- 3 Glory in his holy Náme; *
let the hearts of those who | seek the Lórd rejoice.
- 4 Search for the Lord and his stréngth; *
contin|ually séek his face.
- 5 Remember the marvels hé has done, *
his wonders and the | judgments óf his mouth,
- 6 O offspring of Abraham his sérvant, *
O children of Ja|cob his chósen.
- 16 Then he called for a famine in the lánd *
and destroyed | the supplý of bread.
- 17 He sent a man befóre them, *
Joseph, who was | sold as á slave.
- 18 They bruised his feet in fétters; *
his neck they put in an | iron cóllar.
- 19 Until his prediction came to páss, *
the word of | the Lord tésted him.
- 20 The king sent and reléased him; *
the ruler of the | peoples sét him free.
- 21 He set him as a master over his hóusehold, *
as a ruler over all | his posséssions,
- 22 To instruct his princes according to his wíll*
and to teach his elders wisdom. | Hallelújah!

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

The Lessons

First Lesson

A reading from the first book of Kings

55.1-5

At Horeb, the mount of God, Elijah came to a cave, and spent the night there. Then the word of the Lord came to him, saying, "What are you doing here, Elijah?" He answered, "I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away."

He said, "Go out and stand on the mountain before the Lord, for the Lord is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, "What are you doing here, Elijah?" He answered, "I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." Then the Lord said to him, "Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place. Whoever escapes from the sword of Hazael, Jehu shall kill; and whoever escapes from the sword of Jehu, Elisha shall kill. Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him."

Here ends the lesson.

Silence may be kept.

Te Deum laudamus

You are God: we praise you;
You are the Lord; we acclaim you;
You are the eternal Father:
All creation worships you.

To you all angels, all the powers of heaven,
Cherubim and Seraphim, sing in endless praise:
Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

The glorious company of apostles praise you.
The noble fellowship of prophets praise you.
The white-robed army of martyrs praise you.
Throughout the world the holy Church acclaims you;
Father, of majesty unbounded,
your true and only Son, worthy of all worship,
and the Holy Spirit, advocate and guide.

You, Christ, are the king of glory,
the eternal Son of the Father.
When you became man to set us free
you did not shun the Virgin's womb.
You overcame the sting of death
and opened the kingdom of heaven to all believers.
You are seated at God's right hand in glory.
We believe that you will come and be our judge.

Come then, Lord, and help your people,
bought with the price of your own blood,
and bring us with your saints
to glory everlasting.

Second Lesson

A reading from St Paul's Letter to the Christians in Rome.

10.5-15

Moses writes concerning the righteousness that comes from the law, that "the person who does these things will live by them." But the righteousness that comes from faith says, "Do not say in your heart, 'Who will ascend into heaven?'" (that is, to bring Christ down) "or 'Who will descend into the abyss?'" (that is, to bring Christ up from the dead). But what does it say?

"The word is near you,
on your lips and in your heart"

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved.

The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless

they are sent? As it is written, “How beautiful are the feet of those who bring good news!”

Here ends the lesson.

Silence may be kept.

Benedictus Dominus Deus

Luke 1: 68-79

Blessed ✠ *be the Lord, the God of Israel;*
he has come to his people and set them free.
He has raised up for us a mighty savior,
born of the house of his servant David.

Through his holy prophets he promised of old,
that he would save us from our enemies,
from the hands of all who hate us.

He promised to show mercy to our fathers
and to remember his holy covenant.
This was the oath he swore to our father Abraham,
to set us free from the hands of our enemies,
Free to worship him without fear,
holy and righteous in his sight
all the days of our life.

You, my child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare his way,
To give his people knowledge of salvation
by the forgiveness of their sins.

In the tender compassion of our God
the dawn from on high shall break upon us,
To shine on those who dwell in darkness
and the shadow of death,
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.

Third Lesson

A reading from the Gospel of Matthew.

14.22-33

Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind

was against them. And early in the morning he came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out in fear. But immediately Jesus spoke to them and said, "Take heart, it is I; do not be afraid."

Peter answered him, "Lord, if it is you, command me to come to you on the water." He said, "Come." So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, "Lord, save me!" Jesus immediately reached out his hand and caught him, saying to him, "You of little faith, why did you doubt?" When they got into the boat, the wind ceased. And those in the boat worshiped him, saying, "Truly you are the Son of God."

Here ends the lesson.

Homily

Fr Bustrin

The Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.

He suffered under Pontius Pilate,
was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,
and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the ✠ resurrection of the body,
and the life everlasting. Amen.

The Prayers

✠ The Lord be with you.

✠ And also with you.

Let us pray.

Our Father

who art in heaven,
hallowed be thy name.

Thy kingdom come,
thy will be done on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those who trespass against us.

And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom, and the power, and the glory,
forever and ever. Amen.

Suffrages B

✠ Save your people, Lord, and bless your inheritance;

✠ Govern and uphold them, now and always.

✠ Day by day we bless you;

R. We praise your name for ever.

✠ Lord, keep us from all sin today;

R. Have mercy on us, Lord, have mercy.

✠ Lord, show us your love and mercy;

R. For we put our trust in you.

✠ In you, Lord, is our hope;

R. And we shall never hope in vain.

Collect of the Day

Grant to us, O Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

A Collect for Sundays

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. *Amen.*

A Prayer for Mission

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. *Amen.*

A Prayer of St. Chrysostom

Almighty God,
you have given us grace at this time with one accord
to make our common supplication to you;
and you have promised through your well-beloved Son
that when two or three are gathered together in his Name
you will be in the midst of them:
Fulfill now, O Lord, our desires and petitions as may be best for us;
granting us in this world knowledge of your truth,
and in the age to come life everlasting. *Amen.*

Adoration & Spiritual Communion

The Blessed Sacrament is taken from the tabernacle and placed in a monstrance.

Hymn 314 *Adoro devote*

Humbly I adore thee, Verity unseen,
who thy glory hidest, 'neath these shadows mean;
lo, to thee surrendered, my whole heart is bowed,
tranced as it beholds thee, shrined within the cloud.

Taste and touch and vision. to discern thee fail;
faith that comes by hearing, pierces through the veil.
I believe what e'er the Son of God hath told;
What the Truth hath spoken, that for truth I hold.

O memorial wondrous of the Lord's own death;
living Bread that givest all thy creatures breath,
grant my spirit ever by thy life may live,
to my taste thy sweetness never failing give.

Jesus, whom mo hidden, I by faith behold,
what my soul doth long for, that thy word foretold:
face to face thy splendor, I at last shall see,
in the glorious vision, blessed Lord, of thee.

Hymn 302 *Father, we thank thee, who hast planted*

Father, we thank Thee who hast planted
Thy holy Name within our hearts.
Knowledge and faith and life immortal
Jesus Thy Son to us imparts.
Thou, Lord, didst make all for Thy pleasure,
didst give man food for all his days,
giving in Christ the Bread eternal;
Thine is the pow'r, be Thine the praise.

Watch o'er Thy church, O Lord, in mercy,
save it from evil, guard it still.
Perfect it in Thy love, unite it,
cleansed and conformed unto Thy will.
As grain, once scattered on the hillsides,

was in this broken bread made one,
so from all lands Thy church be gathered
into Thy kingdom by Thy Son.

The priest kneels before the Blessed Sacrament and says

✠ You gave them bread from heaven. Alleluia.

✠ Containing within itself all sweetness. Alleluia

The priest leads the people in the following litany.

The Divine Praises

Blessed be God.

Blessed be God.

Blessed be the holy and undivided Trinity.

Blessed be the holy and undivided Trinity.

Blessed be God the Father, maker of heaven and earth.

Blessed be God the Father, maker of heaven and earth.

Blessed be Jesus Christ, true God and true Man.

Blessed be Jesus Christ, true God and true Man.

Blessed be Jesus Christ in his death and resurrection.

Blessed be Jesus Christ in his death and resurrection.

Blessed be Jesus Christ on his throne of glory.

Blessed be Jesus Christ on his throne of glory.

Blessed be Jesus Christ in the sacrament of his Body and Blood.

Blessed be Jesus Christ in the sacrament of his Body and Blood.

Blessed be God the Holy Spirit, the Lord and giver of life.

Blessed be God the Holy Spirit, the Lord and giver of life.

Blessed be God in the Virgin Mary, mother of our Lord.

Blessed be God in the Virgin Mary, mother of our Lord.

Blessed be God in Joseph, guardian of the Incarnate Word.

Blessed be God in Joseph, guardian of the Incarnate Word.

Blessed be God in his angels and in his Saints.

Blessed be God in his angels and in his Saints.

Blessed be God.

Blessed be God.

An act of Spiritual Communion

All say together

In union, O blessed Jesus,
with the faithful gathered at every altar of your church
where your blessed Body and Blood are offered this day,
I long to offer you praise and thanksgiving,
for my creation, preservation, and all the blessings of this life;
for the redemption won for us by your life, death, and resurrection;
for the means of grace, and for the hope of glory.

I believe that you are truly present in the Holy Sacrament,
and since I cannot at this time receive Communion,
I pray you to come into my heart.
I unite myself with you,
and embrace you with all my heart, my soul, and my mind.
Let nothing separate me from you;
let me serve you in this life
until, by your grace
I come to your glorious kingdom and unending peace.
Amen.

A time of silent meditation and adoration may be kept.

All

Come Lord Jesus
and dwell in my heart in the fullness of your strength;
be my wisdom, and guide me in right pathways;
conform my life and my actions to the image of your holiness;
and in the power of your gracious might,
rule over every hostile power
that threatens or disturbs the growth of your kingdom,
who with the Father and the Holy Spirit,
lives and reigns,
one God in glory everlasting. Amen.

The Sacrament is returned to the tabernacle.

Prayer after Spiritual Communion

Then the Celebrant says

Let us pray.

O God our Father,
who in the wonderful Sacrament of the altar
has left us a living memorial
of the passion and resurrection of your Son, our Lord Jesus Christ;
grant that we may ever perceive within ourselves
the power of your indwelling life,
and thus, by the glad pouring out of our lives in your service,
may know ourselves to be living out the fruit of his redemption;
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever. *Amen.*

☩ Let us bless the Lord.

☩ Thanks be to God.

☩ May the souls of all the faithful departed, through the mercy of God, rest in peace. *Amen.*

☩ The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. *Amen.*

2 Corinthians 13:14

The service concludes with the proper Marian Antiphon

Salve Regina

~ from Trinity Sunday to Advent I

Mary, we hail you,
Mother and Queen compassionate;
Mary, most humble, great and pure, we hail you.
To you we exiles, children of Eve lift our voices.
To you we sing praises,
because by the Spirit,
you brought forth to us the Savior.
Turn now, therefore, O our intercessor,
your eyes of pity and lovingkindness upon us sinners.
Then, at the last,
when our earthly journey has been ended,
show us Jesus, the blessed fruit of your womb.
O gentle
O tender
O gracious Virgin Mary

☩ Pray for us, O Holy Mother of God.

☩ That we may be made worthy of the promises of Christ.

Let us pray.

Almighty and everlasting God, who by the overshadowing of the Holy Spirit, prepared the body and soul of the glorious Virgin Mary to become a habitation for your Son: Grant that, as we rejoice in her obedience, we may have the support of her loving intercession, and may be delivered from our present evils and eternal death; through Jesus Christ our Lord. *Amen.*

☩ May the divine help remain with us always.

☩ And with our absent brothers and sisters. Amen.

Parish Intercessions

for personal use

NOTE: As we do occasionally, we have re-set our intercessions list this week. If you would like us to continue praying for someone who was previously on our Intercessions List, please contact Fr Craig at craigplus@maccom and he will be glad to add them to the list. As always, we are glad to pray for your family and friends—just email Fr Craig.

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

For our virtual guests each week, and for the newest members of **StMarysPeople**

For **Justin**, Archbishop of Canterbury; **Michael**, our Primate; and **Jennifer**, our Bishop

In the Anglican Cycle of Prayer: **The Province de L'Eglise Anglicane au Rwanda**; in the Diocesan Cycle of Prayer: **The Church of the Resurrection, Gilbert**; for our Companion Diocese, **Navajoland**; and for our Companion Parish, **St Mary's Church, Brooklyn, NY**

For **StMarysPeople**; our Rector, Wardens, and Vestry; and all others who minister in and through this Parish Church: especially the **Congregation of Santa Maria and their Vicar, the Revd Rosa Brown**.

For our Priest Associates, **The Revd Gordon Bardos**, and **The Revd Canon Frank Clark**; for our associate homilists, **Michal Anne Pepper** and **Br Lee Hughes**, and for **The Revd Paul Trathen** who will be spending part of his sabbatical with us in November.

For monastics and their communities, especially **Br Jeffrey Shy and The Community of Solitude**; the **Oblates of the Servants of Christ**; **The Anglican Order of Preachers (Dominican)**, and **The Society of St John the Evangelist**.

Lord, in your mercy
Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

For **Donald**, our President; our Courts; and our Congress; **Douglas**, our Governor, and all others in civil authority amongst us

For this city, and our local community; our leaders, people, and those who work or visit here

For the protection, encouragement, and guidance by the Holy Spirit of our Police, Fire-Fighters, Paramedic Teams, and our Armed Forces

For all those fighting the COVID-19 pandemic

Doctors, nurses, and hospital support staff;
those doing testing and contact tracing;
those researching treatment options;
and for Coroners and Undertakers.

Lord, in your mercy

Hear our prayer.

For our enemies, and, through Christ Jesus, for an end to our enmity.

Lord, in your mercy

Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

For all who are working to reduce environmental degradation, lessen global climate change, and remediate the effects of our exploitation of the natural world

Lord, in your mercy

Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

For those celebrating birthdays, anniversaries, or special times in their lives

For our benefactors and those who support our common life together in this place

For members of our congregation and their ministries amongst us and in the larger community

We give thanks especially for all those who make Christian financial stewardship an outward and visible sign of their allegiance to Christ and his kingdom

Lord, in your mercy

Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

For those who may be entering into treatment for serious illness; or who are in hospital, rehabilitation, or recovering from treatment, especially

David

For those who are ill or recovering from COVID-19:

Fr David Chavez

For those who seek healing of body, mind, or spirit, especially

Virginia Washington, John Roberts, Margaret Woodall, Lynn Boddy, Linda Lewandowski, Carole Kellerman, Elinor Crocker

Franklin Bell, Nathan Reddall, Michael, and the members of our Recovery Groups

Lord, in your mercy

Hear our prayer.

For all those commended to our intercessions, especially:

Betty Stively, Lisa Olken

Debra Paras, Linda Feinberg, Harrison Friedland, Bruce Ford, Erfel Trongcoso Dy, Charlie Holt

For those in financial distress, especially

Those who are unemployed or underemployed

Those who are being evicted from their homes or businesses

Those who are homeless

For those who are incarcerated:

Adrian, Chris, Dakota, Steven

For our absent sisters and brothers, and those who are shut-in:

Margaret Brewer, Jean Daws, Phyllis Ross, Virginia Smallwood,

Barbara Brooks, Linda Dougherty, Gwen Pelton, Elsie Dura

For those in hospice, especially:

Jack Beyer

For all those who mourn:

The family and friends of Barrett, and Theodore Paras

Lord, in your mercy

Hear our prayer.

We commend to your mercy all who have died, especially Barrett and Theodore, that your will for them may be fulfilled; and we pray that we may share with the glorious and ever-blessed Virgin Mary and all your saints in your eternal kingdom.

Lord, in your mercy

Hear our prayer.

The Celebrant adds a concluding Collect.

Lord Jesus Christ, you said to your apostles, "Peace I give to you, my own peace I leave with you." Regard not our sins but the faith of your Church, and give to us the peace and unity of that heavenly City, where with the Father and the Holy Spirit you live and reign, now and for ever. *Amen.*

These Intercessions are prayed daily at Noonday Prayer in the chapel.